

SPIRIT MOVING CHECK-LIST

“ Let the Spirit Move You”



PREP IN ADVANCE (8-6 WEEKS BEFORE)

Logistics:

- ☐ Set a moving budget
- ☐ Choose a moving company
- ☐ Book movers and truck
- ☐ Schedule moving day and schedule a day off work

Purge and Pack:

- ☐ Declutter (donate or sell)
- ☐ Gather packing supplies (boxes, tape, labels, and packing paper)
- ☐ Research packing hacks for efficiency
- ☐ Start packing non-essentials in labeled boxes (room by room)

New Place:

- ☐ Research your new neighborhood
- ☐ Measure doorways and furniture for fit at the new place
- ☐ Schedule utility and internet transfer/installation for new home

NOTIFY OF UPCOMING MOVE (6-4 WEEKS BEFORE)

Change of Address:

- ☐ Submit Change of Address (USPS)

Update Your Contact Information:

- ☐ Work & School
- ☐ Family & Friends

Utilities & Home Services:

- ☐ Electricity
- ☐ Water
- ☐ Gas
- ☐ Internet, Phone & Cable
- ☐ Garbage removal
- ☐ Lawn service
- ☐ Move-out cleaning

Finances:

- ☐ Bank & credit unions
- ☐ Credit cards
- ☐ Loan agencies

Subscriptions & Memberships

- ☐ Gym, clubs & organizations
- ☐ Streaming services
- ☐ Online shopping accounts

Insurances & Service Providers

- ☐ Homeowner & renters insurance
- ☐ Car insurance
- ☐ Health & dental insurance
- ☐ Life insurance
- ☐ Doctors, Dentists & Veterinarians
- ☐ Accountants
- ☐ Attorneys

Government Agencies:

- ☐ Update your address with DMV
- ☐ Voter registration
- ☐ Internal Revenue Service (IRS)
- ☐ Social Security Administration

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PACK AN OVERNIGHT BAG (DAY BEFORE)

Essentials for your first night

- ☐ Pajamas & change of clothes
- ☐ Toiletries & medications
- ☐ Phone charger & power bank
- ☐ Snacks & drinks
- ☐ Paper towels & toilet paper

LABEL AN OPEN FIRST BOX (DAY BEFORE)

Essential unpacking items

- ☐ Trash bags & cleaning supplies
- ☐ Tools (screwdriver, multi-tool)
- ☐ Flashlight & headlamp
- ☐ Bottled water & snacks
- ☐ Medications
- ☐ Dishes, utensils & paper plates
- ☐ Bedding (sheets, blanket, pillow)

NOTES:

- ☐
- ☐
- ☐
- ☐
- ☐
- ☐
- ☐

MOVING DAY

Preparation:

- ☐ Have cash on hand for moving crew tips and unexpected costs
- ☐ Clear walkways and driveways for movers' access
- ☐ Disassemble furniture (if not done by movers)

Oversee the Move:

- ☐ Double-check inventory list
- ☐ Direct movers where to place boxes in your new home

Settling In:

- ☐ Unpack your labeled "Open First" box and overnight bag
- ☐ Set up the kitchen and bedrooms first for immediate comfort
- ☐ Make sure all utilities are turned on



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MOVING
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